

Arts Assessment For Learning

DANCE — 7TH AND 8TH GRADE

RESOURCE: REHEARSAL PROBLEM SOLVING

Documented Problem Solving Strategy:

<http://serc.carleton.edu/sp/library/dps/index.html>

Dance Challenge: Russian Kicks

Plan: To improve my Russian Kicks I need to complete these steps:

1. Focus in class, not talk when not necessary.

Practice hopping from one foot to the other slowly with no hands.

2. Do that faster with hands crossed over chest.

Practice sticking left leg out and clapping, then hopping to the other foot.

3. Do that fast.

Practice sticking left leg out and clapping then switching feet and kicking right leg up.

4. Do that fast.

After doing that, practice doing it three times successfully then standing up.

5. Do it fast with no hands.

6. Mission Accomplished!

As I go through these steps, what I should be thinking is to have determination to achieve this. I shouldn't be saying, "Will I or Will I not" or "This is too hard." I should be thinking that if the dancer in the video can do it, I can do it!

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SELF-REFLECTION: REHEARSAL PROBLEM SOLVING

DANCE REFLECTION SHEET

Monday - I am happy with my work so far, because...

Tuesday - Two improvements I've made are...

Wednesday - Next time I revise my work, I need to focus on...

Thursday - I would assess myself at a 1,2,3,4,5 because I...

Friday - In order to improve, I need to...

Additional Thoughts