dance  $-6^{\text{TH}}$ ,  $7^{\text{TH}}$  and  $8^{\text{TH}}$  grades

## CHECKLIST: AFRICAN DANCE UNIT - MOVEMENT QUALITY

Names of Group Members

All of you have created 8 count patterns depicting everyday movements that you do in your tribe. Everybody can count the beat, and remember the patterns. Now let's see if we can make it even better!

Your group will look at the checklist and choose 1 criterion you want to focus on to make your dance clearer to the audience and more exciting to watch.

Will your group:

 <b>Exaggerate</b> the movements? Try to fully extend your arms, and explore taking larger steps to expand your movements.
 Show the <b>rhythm</b> of the drum beats in your body? Try to accent the rhythm with a strong body action or even add some vocal sound or body percussion.
 Demonstrate high <b>energy</b> ? Try to jump higher or add your whole body into the movements.
 Use different <b>levels</b> in your dance? Try to change levels in your movement: if you were up high, try to do some moves down low.
 Move in a variety of <b>directions</b> ? Try to use all the space around you. If you went forward and back, why not try going diagonal or sideways, too?